



Energy Conversion, Duality and Unity

by Scott Taylor, President & Executive Director, Monroe Institute

People want to get back to “normal.” They are tired of the isolation and are reluctant to embrace the “new normal.” Yet, the new normal will be with us for some time ... and it will permanently change how we relate to each other. [Read More](#)



High Strange—ET Research Meets Monroe Training

by Angelia Sheer, UFO Investigator

I remember years ago discovering the books of Robert A. Monroe and from the first moment, I was hooked. I planned my first trip and as soon as I entered the Nancy Penn Center, I knew that I was home. [Read More.](#)



Turn your sleeping intuitive abilities into a reliable, life-enhancing skill.
A practical and experiential online course for awakening your intuitive abilities.

Developing Intuition
Online Workshop May 9-24

A small portrait of a woman with brown hair, smiling, wearing a blue denim jacket over a dark top.

Patty Ray Avalon

Immunity and Intimacy—Empowering Health During COVID-19

by John Kortum, Medical Intuitive and Monroe Trainer

As we adjust our social routines during this unprecedented time, an empowering opportunity comes forth—to hear human biology’s testimony of immunity health.. [Read More.](#)



GATEWAY EXPERIENCE ONLINE PROGRAM

Embark upon an odyssey of self-discovery!

Experience audio guided consciousness exploration from the comfort of your own home.

Next 8-week course begins May 11

A photograph showing a high-angle, aerial view of a city at night, with numerous lights from buildings and streets creating a vibrant, colorful pattern against the dark sky.

Introduction to Lucid Dreaming

Created and led by Lucid Dreaming experts Luigi Sciambarella and Thomas Hasenberger

Explore the dreamworld in this 3-week online course beginning May 23

A video thumbnail showing a bright, glowing sun or light source behind some green grass, with a play button icon in the center.

Welcome Your Day
Monroe Audio Support Meditation

Free Audio-Supported Guided Meditations

Visit our Free Meditations page located on our website to find a list of several free audio-supported guided meditations. We hope that they may offer support to you and your community during this difficult time.

[Listen Now](#)

Beyond Meditation

An Exploration of Consciousness
Jun 6-28, 2020

A 3-Week Online Course, Profound Exploration of Human Consciousness

See what's happening on our social sites

